

A

**WIDER**

SACRED

Also by Richard Artrichard

THE AJARN AND THE ARTIST

A DISCUSSION OF BUDDHISM AND RELATED  
ISSUES

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*“Ajarn and the Artist is beyond brilliant...very  
sharp with penetrating knives to open up the  
'stuff' others have”*

*Daniel Henning PhD. Fulbright Scholar, author of  
“Buddhism and Deep Ecology”*

A  
WIDER  
SACRED

12 ART WRITTEN POEMS

BY

RICHARD ARTRICHARD

WITH ILLUSTRATIONS AND COMMENTARY ON

SECULAR SCIENTIFIC SPIRITUALITY

Book cover: Rhapsody 7 (detail), Richard Artrichard, 55 cm X 38 cm; Sumi ink, watercolor, pencil on paper 2009, private collection.

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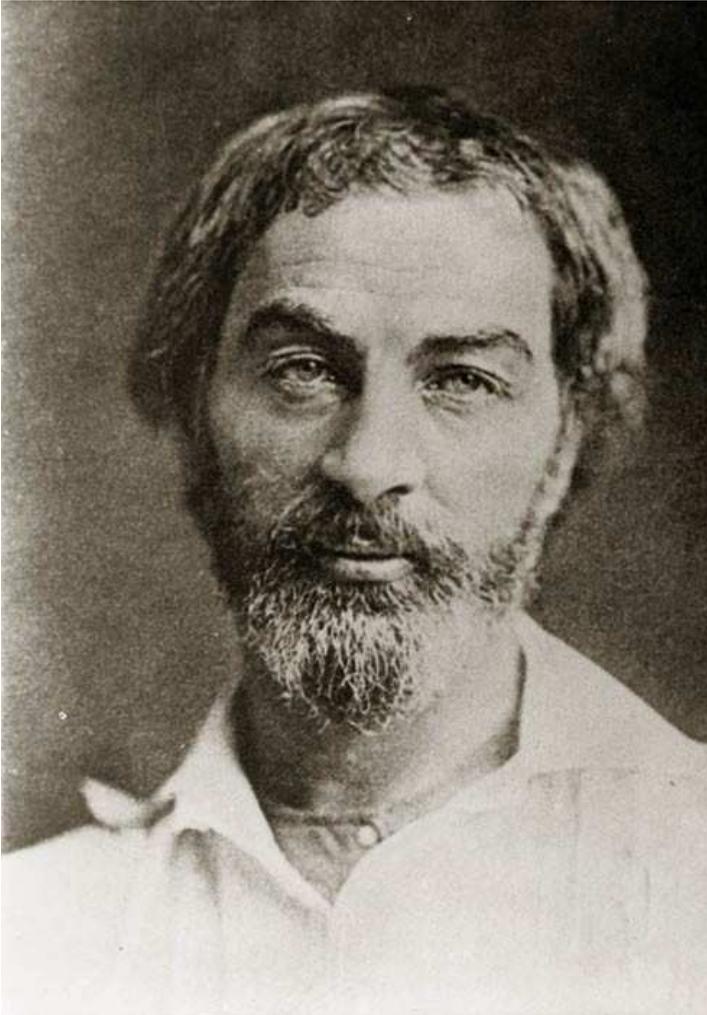
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TO THE

**GRANDEUR OVERALL DOMINION**



Walt Whitman, a seer who knew

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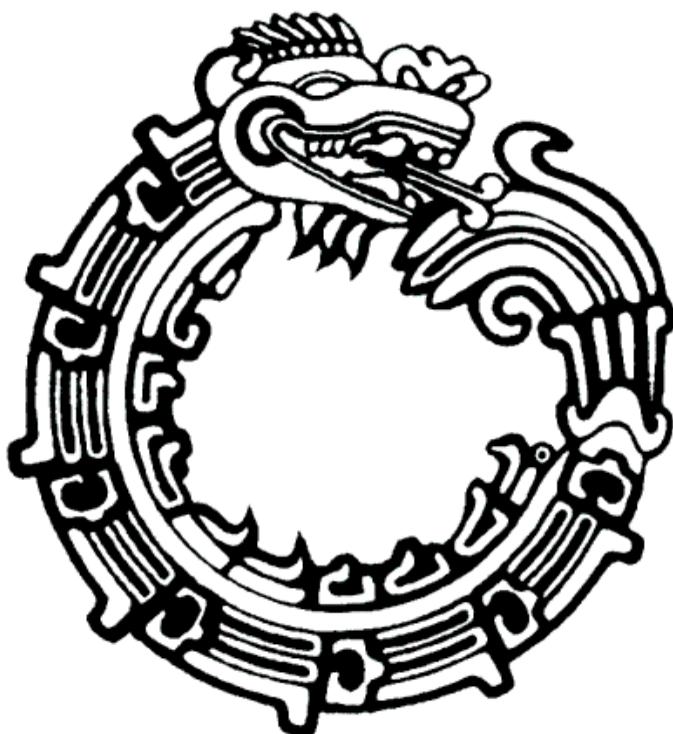
Arthur Rimbaud, un voyant qui savait

These poems were written over a period of four years study and living in Mexico. As a corollary to my previous book *The Ajarn and the Artist*, I needed to clarify a theoretical framework of Secular Scientific Spirituality outlined therein. In brief that thesis upholds an all inclusive sacredness as not something "else", and that there cannot be any primary absolute spirit without an "equally coexistent" matter/energy.

These poems are for people with open minds having not lost reasoning through the opening. It is hoped the poems will be of particular interest to the "nones" (no religious affiliation) and members of the "blogosphere" (the online universe of blogs). All those who question contemporary institutions which continue to promulgate worn out myths, rituals and revelations at odds with a globalized, technocratic, and democratic collectivity.

Each poem consists of one full page and each has a kinetic multiform carrying both visceral and thought provoking elements. In tone the content of the poems is one of maturity yet free-spirited alluding to the *Meditations of Marcus Aurelius* and the *Crazy Wisdom of Drukpa Kunle* (with humility would that Roman emperor have known both physics and yoga and that patron saint of Bhutan had been an internet Twitteratti.)

May these poems be as lighted matches to fire the imagination and with this rejoinder: Poetry's current definition as being "writing with aesthetic and rhythmic qualities featuring stanzas and line breaks evoking meanings beyond the prosaic."



All That Is...That Thou Art

"ALL POETRY IS AN EFFORT TO RE-CREATE  
THE LANGUAGE,  
INVENTING A NEW, PRIVATE AND  
PERSONAL SPEECH...  
IN THE LAST ANALYSIS SECRET"

MIRCEA ELIADE



Images by which humans conceive spiritual realities are metaphors for the inter-connected human “body/mind/environment”.

**\*\*\* PRAYER TO THE GODDESSES AT MAYAN ALTAR FOR IXCHEL\*\*\***

(Summon within the Great Mother repressed by Patriarchy)

**We came from you**

**Foolish human beings...wretched human beings**

**Mother forgive us...we KNOW what we do**

**We are coming back to you**

**Ahemait, Ale, Amaterasu, and Anat**

**Aphrodite, Artemis, Astarte, and Athena**

**Bast, Biliku, Bride, and Brigit**

**Ceres, Circe, Coatlicue, and Cybele**

**Danu, Devayani, Diana, and Durga**

**Ereshkigal, Eriu, Flora, and Fortuna**

**Gaia, Galatea, Gemma, and Guadalupe**

**Hathor, Hecate, Hikuleo, and Hyrax**

**Io, Ishtar, Isis, and Ixchel**

**Juno, Kali, Kersair, and Kuan Yin**

**Lakshmi, Lamia, Lilith, and Luonnotar**

**Malinalxochitl, Mara, Mary, and Magdalene**

**Mati, Medusa, Mera, and Minerva**

**Nanshe, Nekhbet, Nemetona, and Nut**

**Oya, Parvati, Pele, and Persephone**

**Qamatis, Radha, Rati, and Rhea**

**Shakti, Shekina, Sita, and Sophia**

**Tara, Thetis, T'ien Hou, and Tlazolteotl**

**Uma, Valkyrie, Venus, and Vesta**

**Wakahiru-Me, Xochiquetzal, Yemanya, and Zorya**

**Sing your burning sweet medicine ecstasy...like a torn bleeding moonlit tsunami  
across unloved and broken continents...Pink juicy jungle green eternal sex filled  
nightmare...laughing forever amid infinite everafters...In adorable Mother made  
playgrounds...WE CAME FROM YOU...WE ARE COMING BACK TO YOU...WE ARE YOU...**



We are nothing but everything, each of us an individual  
Youiverse containing cultural and genetic information  
common to all.

ALL THINGS /ETERNAL ⇔ ALL OVER /INFINITE

(a space-time rap mantra for Walt Whitman)

We are all things...all over

We are eternal and not just here

We are infinite and not just there

The eternal was not born...the infinite cannot die

We are all over and not just here

We are all things and not just I

We are eternally all things and infinite all over

That is the realization for which to try

And forget the wither, whence and why

I and mine are thou and thine

Thou art that and not just I

That art thou not I and mine

Beware the black book bamboozlers, the tooth fairy, Easter bunny, and Santa Claus. No one is coming, no one is watching, no one cares. There's only us cosmic chickens crowing about. Ant and rat, eagle and bear, virus and fish. Every speck of dust was and will be again a star and living being. WE ARE ALL OF IT ETERNALLY INFINITE

We are All Things Infinitely All Over and Eternal  
 Everything is what always was Everywhere...Everywhere is where  
 Everything always was...**SUPERNOVA to black<sub>hole</sub> bigBANG**  
**to COSMIC** collapse... just a breaking wave, a heartbeat, an eye blink  
 WE ARE ALL THINGS ETERNALLY ALL OVER AND INFINITE...



Acquired characteristics or moral qualities are not contained in the genome and are not transferred in sexual reproduction.

## A Guarded Herstory

(In Gratitude for My Serving Sisters of Sex)

Oh Black Book bamboozlers

Oh bearded bed sheeted buggerers

Oh traumatized toilet trainees

Out with the naked nonsense

Adore the sacred space of the serving sisters

Glowing warm yoni nectar fountain

Wand of light standing to enter the gate

### Holy Amrita

Temple and whispered shelter

Backstreet and behind a door

Goddess and concubine

Slave and whore

A Mother for the Motherless

A Daughter for the Fatherless

Oldest profession

Youngest obsession

Pleasure for sale

Cash and carry ecstasy

### Victim of Penile Proselytizers

Beaten murdered mutilated shaven scoured and burned alive

The Pundits of the Pulpit shall incinerate themselves by the sister's healing hearth

### A Birthday Body Beautiful and Divine

The embrace of the Goddess

Absorbing the secrets of the groaning gonads

Small Medium Large Extra Large

Repelling the panoply of attitudes

### Make us Whole

The disposed, the loner, the artisan, soldier, seaman and long hauler

The white collared limp and bored, the celebrated, those of office and of the cloth

A moment of rapture, a time of un-time, going internal for the eternal

The light and dark of the little death...

To Know the Unity beyond this Silly Self



Birth is the cause of death not only at the level of human resolution but to all processes throughout the eternal cosmos.

## Human Beings Being

(The concave combustion of centralized living motivations)

Shortest novel on a matchbook cover

Seven words (no pain no gain)

by Joseph Conrad

He was born.

He suffered.

He died.

Shortest story on a dinner bet

Six words (no money no funny)

by Ernest Hemingway

For sale:

Baby shoes,

never worn.

Shortest poem on life

Three words (no come no one)

by Artrichard

Separate.

Experience.

Combine.

( Space dust to conscious dust and back again

The temporal order of Nature

Transference of energy to experience itself

Sperm + Ovum

Breathe + Arise

Sensation + Consciousness

Pleasure + Pain

Reproduce + Decompose )



Essentially we are “body/consciousness/environments” all at once and any sense of separation is purely illusory.

Why Something (some-thing) not Nothing (no-thing)

Because I am “it” looking out

Unpack that trope and don't be misanthrope

Download thy self from the infinite and eternal Universe of Universes

Magnificent

Earth market

A larger human condition

“It” is a single conscious substance

Mono Conscious Substantiation

A cosmos wanting to know itself

Because You are “it” looking out

Effulgent

Earth sewer

Fast forward four billion sun circlings

On a spinning watery rock

Homo Sapiens Sapiens is human knowing knowing

Permission to engage the emergent Electro Theocracy

Embedded and shared intelligence

Luminous

Earth body

Everything becoming something for a **LIFE** then that something returning to everything

Because we are “it” looking out



All processes are cyclical and each are infinite and eternal.  
There is and never was a beginning, this is a concept to limited  
human thought.

## Oblivion Re-visited

(Yogic death song for living peacefully)

### HAVE COURAGEOUS HUMILITY

each death should be a new beginning

a rest between births where the Self undresses It's Self

wherein the deity known as Nature/God

tries again for something beyond attainment

### ENDURE AWARENESS BOOTCAMP

live as fragment no longer and embrace all of it

with no periphery and nothing outside

### DESTROY ALL BOUNDARIES

be full-filled and conquer gloom and pessimism

knowing the caress of change distills all as perfect and as it should be

perfectly perfect in imperfection and signifying nothing but

### SIGNIFICATIONS

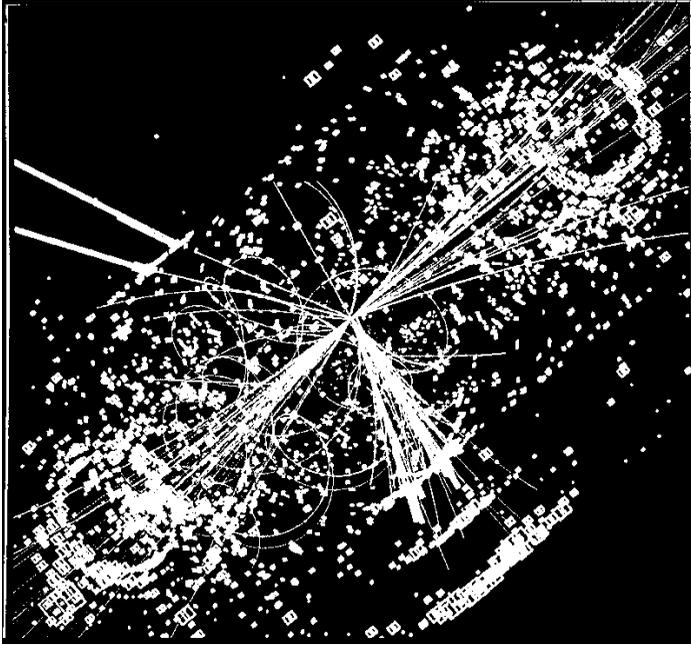
all is but a drop of dew, a passing cloud, a bubble, a dream, a lightening flash

remember the heart express of those who knew, the bliss full eye, the illumined glassy glow gaze, the fire without seen within, the divine damsel in white, the dumpster-diver in tattered overcoat, a saint, a sinner, every time, every where, every one

remember all existence is going into, through and out of body and mind, every drop of water and blood and urine of Buddhas and beggars, Prophets and Kings, every atom to Adam, the oozing slime of every age, the breath of monsters, whales, trees, and oceans

every fruit and leaf, all seed and flesh, every cell dancing with every cell that ever was or will be, together from the beginningless, together forever, together-together... let it go

## THE TEMPORARY SUPERSTARS IN A COSMIC PEEP SHOW



Energy and its emergent awareness are inseparable, and also infinite and eternal. Everything is energy which manifests as matter like water forming ice.

## Common Sense and the Un-Sensed

(The anterior construction of Existence)

What is perceived is miniscule that which is not perceived is

# MAGNITUDINOUS

within and emerging from perceived reality are forces undiscovered which are  
immeasurably complex and entangled as an

## EXTRA DIMENSIONAL REALITY

beyond touch, taste, smell, hearing, and sight

beyond electromagnetism, gravity, small and large nuclear forces

beyond infrared and ultraviolet and the dark matter and the darker energy

THE REALITY IS

# THE NO THING

matter at quantum levels exists as pure potential in vacuum fluctuations

photons, protons and quarks, gammas and supersymmetric particles in Higgs fields

swallowed in black holes or impaled on cosmic hard drives as supernovae and big bangs

# CONSCIOUSNESS

THE INFINITE AND ETERNAL SOFTWARE WAITING TO BE RECEIVED

an immaterial realm radiating from the infinite

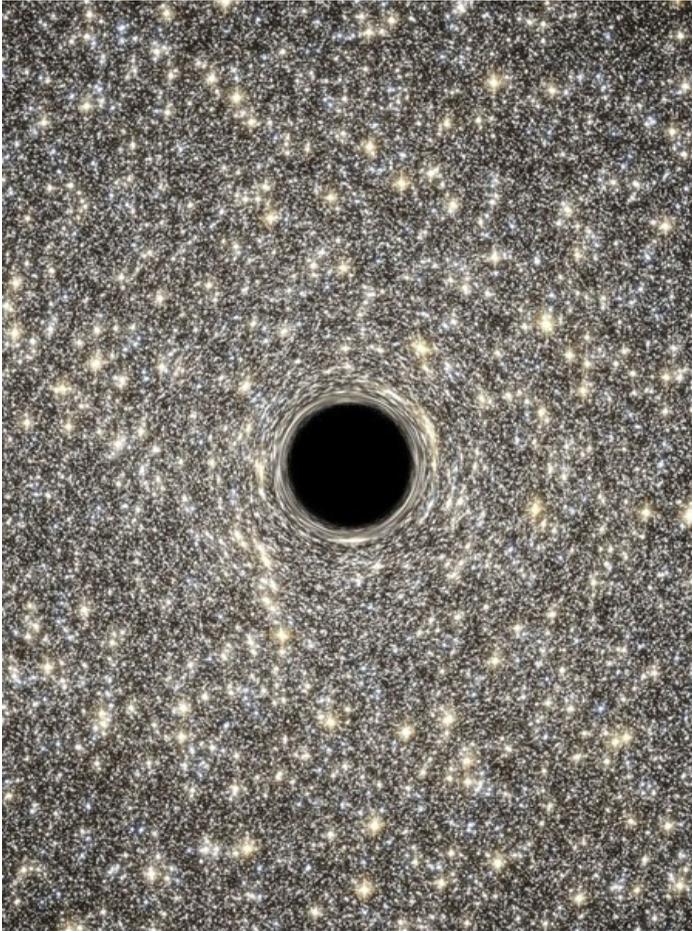
a noisome numinosum in a lovers embrace with matter

direct contact with god, free trial offer, no obligation

matter existing in invisible and immeasurable states un collapsed with no there there

inside and outside all existence connecting nothing with something as infinite eternal

# MATTER/CONSCIOUSNESS



In infinite megatime and multidimensional Universes...Eternity is now and a Universe is hidden in the Universe itself.

## Time and Timelessness

(The door to Immortality)

formulate a personal external locus of identity

see thyself as part of the infinite and eternal unified Timespace

time keeps everything from happening all at once TIMETIMETIMETIMETIMETIME

space keeps everything from being in the same place TIMESPACE TESPACETIME

**EARTH TIME IS ARBITRARILY CHOSEN BY THE PLANET'S SPEED  
OF ROTATION ON ITS AXIS (DAY) AND CIRCLING THE SUN (YEAR)**

a complete rotation on its axis with earth traveling an average 900 miles/hr is one day  
one circling of the sun traveling at 67,062 miles/hr takes 365 days of earthly rotations our  
sun (and its planets) is traveling at 483,000 miles/hr around the center of the Milky Way  
Galaxy with its billions of billions of stars expanding at 1,300,000 miles/hr in the

### INFINITE AND ETERNAL SPACE

time as manifested on the surface of this earth is based upon the time space nexus of  
rotating and circling bodies and is neither absolute nor fixed

**TIME IS RELATIVE TO AN OBSERVER'S SPEED  
AND POSITION THROUGHOUT SPACE**

time is an abstract concept devised by humans to organize and label events enabling a  
notation of duration and synchrony  
time is conceptualized by human minds to give a sense of meaning to chaotic interstellar  
traffic

**A SINGULAR EVENT IN A CONTINUUM OF  
SINGULAR EVENTS**

a boiling soup of minerals careening amidst an electromagnetic storm of energy and  
particles in a seemingly empty meaningless void pregnant with dark matter and energy  
holding hands with consciousness to experience phenomena in the infinite and eternal

# TIMELESSNESS



All phenomena are transitory, inter-penetrating, and without any inherent being beyond contingent causal events. We experience things as mere glimpses of an eternally unified process.

## The Other as Self

(on the green language of birds)

I saw you looking at the sound

Die Meistersinger in dramatic aggression

Cocking your head at liquid emotion you sought to know

We each being a feeling awareness welded to a body IN ALTERNATIVE WORLDS

We each being a luminous cluster of fibers with SURFACES AND JUDGEMENTS

**A FEATHERED DINOSAUR WITH MOBILE TOP VIEW**

Colorful courting and conjugable sky dancers in the wind

Messengers above conversing in both randy and angelic librettos

Who traverse continents and oceans gracefully navigating by sun and stars and

## MAGNETIC FIELDS

Poetry once was sung altogether like the birds cavorting with their pleasure politics

Our ancestors followed birds to carrion and gave thanks dancing nocturnal rhythms

Choruses chanting melodies that compelled the night to weep and swell in orgasm

We sought a great concert master for our dying beyond where the I loses it's ME

And found a living MIND WITHIN THE MIND in all it's wild siblings dominion free

And asked the birds if all the world's truly alive and could we play in its orchestra

And were told the below is only the above turned upside down yet hiding all in

## PERFECT HARMONIES

**A CONCERT OF EACH DESCRIBING ITSELF TO ITSELF**



Discontent or suffering is through maintaining a sense of individual self from the totality of Universal phenomena.

Without a self there is no division and no discontent.

## The Self as Other

(The most OTHER in the unmet Sentinelese)

You live free and unyielding on YOUR glistening pile of sand in the hot blue sea  
 YOUR island sanctuary forbidding all with hails of cruel tempered longarrows  
 Tall black perfectly formed like holy naked yogis living YOUR way transmilenia  
 Impenetrable and adorned with YOUR woven vines and arcane lines of decor  
 Powerful technicians of nature undivided and wanting not beyond YOUR shores

### CIVILIZED AND CULTURED

THE PERSONAL THE COLLECTIVE THE WAY

## SYMBOLIC UNITARY REALITY

I have eaten of the tree of knowledge losing the empirical and transcendent agreement  
 An unwilling signatory to a social contract diffused but held in force by clubs and guns  
 A garden turned theme park where life is ritualized in personal toil for possessions and

## FEIGNED TRIBAL ALLEGIANCE

On MY ISLAND neither common rule book nor holistic paradigm accord with the global multinational corporate mediaized electrotheocracy of cringing half cryborg fattened phallophobes who tell ME to endure suffering and compassion with an afterlife making it worthwhile... because I am somehow different from the SENTINELESE and OTHERS... when only CONCEPTS and LANGUAGE enclosed within our WORDS and their MEANINGS and CONTEXTS separate US... and to excavate MY SELF is to incorporate YOU as MYSELF for YOU are ME spread out and within everything as an ARCHIPELAGO with ultimately

## NO OTHER NO SELF



## Holy Hereticism

(The Cloud of Unknowing and transcending the self)

GRANDEUR unborn uncreated unoriginated unformed unknowable unspeakable

## PSYCHE AS AN ENTHEOGEN

upgrade the technology app within to Gracefully receive Grace with Gratitude  
poetize meekness    cut inner dialog    entertain a quiet body sea    retreat to numinosity

DIE BEFORE DEATH    THE GREAT DEATH    DEATHLESSLY

Forget memory    click delete and dwntrud    all manifestation    all hypocrites in hats  
all bearded boys in bedsheets    all head shaven lip flappers    all pious proselytizers  
all blood sacrifice    all murdered apostates    all holy war    all doctrine    all ritual

NO IMMORTALITY WISH    NO OPIATE    NO SECURITY BLANKET

## IN SILENT AMOROUS POESY

naked reality    electrochemical mind heritage    infinite causes and eternal conditions  
prayer mantra whispers to primal brain stem    a ghostly sleep of unknowing darkness  
neural nebulae sparkle to climax    I ME MY dissolve    steady state cortex all aglow amygdala  
hippocampus calm    heart breath sync    inside outside    subject object Freeeee

PSYCOANALYTIC REGRESSION TO INFANT AND MAMMARY

the undifferentiated continuity of archetypal oppositions  
sperm and ovum sexing in a brined prenatal sea  
a bundled bag of blood and bones with data input closed  
a multi tasking computer of meat and mind  
enter no where no thing and leave every where all things

The empty mystery of

# GODSELF



## Ripened cheese of the Milky Way

(Radical empiricism in the Shobogenzo Genzo Koan)

brain password hacking    win some lose a lot    desire flowers    get weeds  
 pleasure pain    the existential anarchy of ultimate reality    knower known  
 nameless and dependent    silent    sitting standing walking or lying down  
 default set on conceptual reasoning outflows    embrace the unknowable

## NOW OR NEVER    Doubt Persevere Trust

relax in what there is    the still point    the turning still point

what if it couldn't be anything else    what if it mustn't be anything else

## BODY AND MIND FALL AWAY

samsara satori sunyata    shit on the end of a stick    slain junkyard Dogen  
 mondo without meal    point at the moon    tangeled in words    accept pain  
 cease suffering    dark confusion    illogical    un categorized    always was

## LOG OFF SHUT DOWN DATA

before you were you    continuous    formless    not another    undivided  
 witness    the way    the place    just as it it it it it it it it    İSSSSSSSSSS

**G** RANDEUR    **O** OVERALL    **D** OMINION



AN OUTLINE OF  
SECULAR SCIENTIFIC SPIRITUALITY  
FOR OTHERS TO CONSIDER, ADD TO AND  
CONTEMPLATE

1) Evolution has not ended and its principles are continually operative in living organisms, their consciousness and the Universe. We live to know, to experience and to pass this on to others. Evolution is not directed with an end to itself, but is open, contingent to circumstance, transitory and without moral qualities other than those humans bring to bear upon the process. In human natural selection it is only the genome which is transferred in sexual reproduction. Acquired characteristics or moral qualities are not contained in the genome and are not transferred in sexual reproduction. The Universe does what it can...and not always what is best.

2) Both time and space are infinite and eternal. If this is true then at any given time in any space we must say... "that" is the very center point. In infinite megatime and multidimensional Universes...Eternity is now and a Universe is hidden in the Universe itself. To be liberated from time one must know there is no time but...this instant. To be liberated from space one must know the eternal now...and be there. Both Relativity and Quantum theories uphold the conception that space/time is contingent to an observer.

3) Energy and its emergent awareness are inseparable, and also infinite and eternal. Everything is energy which manifests as matter like water forming ice. We perceive energy according to human resolution. Consciousness must emerge from specific conditions of energy resolution. Since nothing can exist by itself we must conclude that consciousness was always a potential inherently in energy. Since our body/brains manifest consciousness there is no conceivable separation of ourselves and the energy eternally available. The eternal energy manifests itself to realize itself. Thus consciousness/energy is subject to the law of conservation of energy and is infinite and eternal. The act of meditation is to become conscious of consciousness and by doing so to unify layers of consciousness...the primal unconsciousness with the mundane personal consciousness.

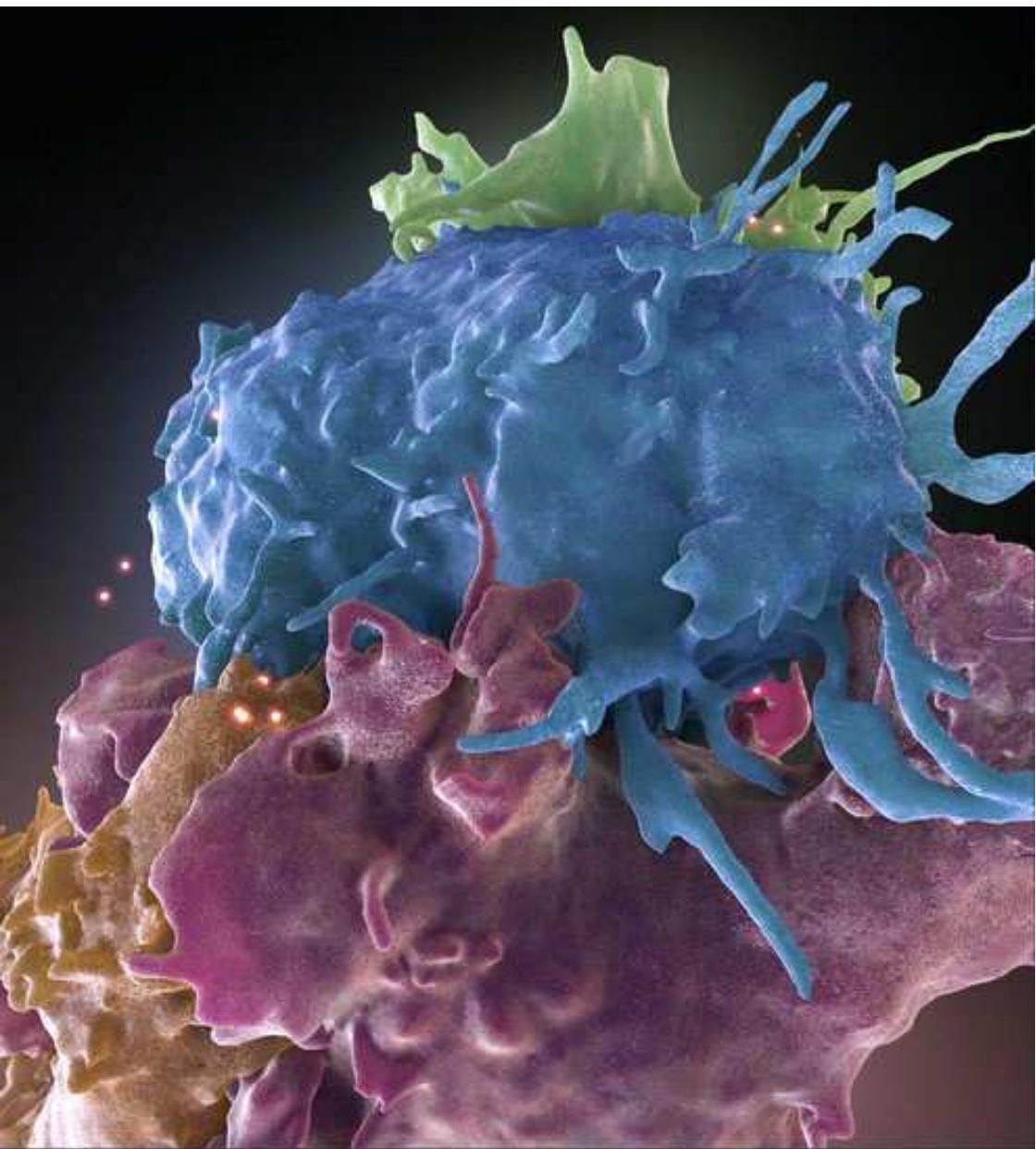
4) The meaning of life is that there is no meaning or that it is not understandable to our current human knowledge. Similarly God is that which encompasses our extraordinary wonder and quest for understanding. To the question what is God?, one must answer, God is! Ideas of Religion are problematic because they're asked in the wrong way. To be human is to be uncertain. Any conception of Heaven cannot include a place...it is a state of being particular to the imagination of humans. Images by which humans conceive spiritual realities are metaphors for the inter-connected human "body/mind/environment".

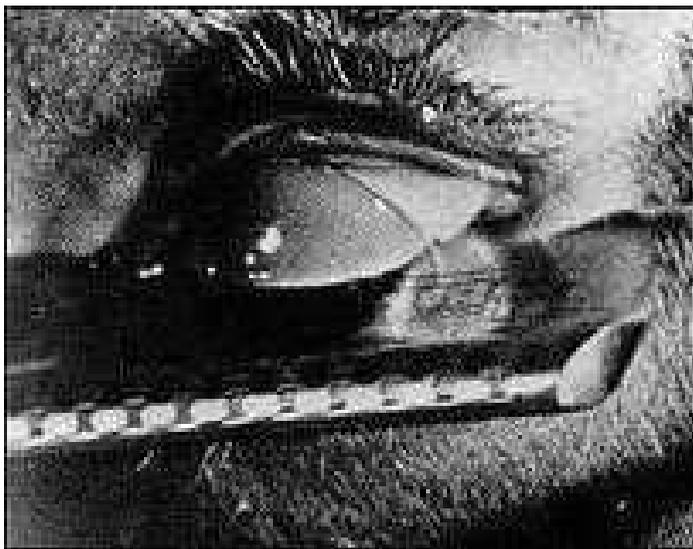
5) All processes are cyclical and each are infinite and eternal. There is and never was a beginning, this is a conception to limited human thought. All phenomena transpire in an unending series of cause and effect. Birth is the cause of death not only at the level of human resolution but to all processes operative throughout the eternal cosmos. Only a cyclical expansion and contraction of Universal energy is plausible. Effects occur by causes, but there is no ultimate course of phenomena. Spontaneity and uncertainty are infused with change and in an infinite series of cause and effect, an infinite series of combinations occur. When anything is possible, anything can happen. Any eternal return is not only probable but without exception.

6) All phenomena are transitory, inter-penetrating, and without any inherent being beyond contingent causal events. We experience things as mere glimpses of an eternally unified process. Wrongfully our brains perceive phenomena as discrete pieces when ultimately these phenomena are all in a whole. Essentially we are "body/consciousness/environments" all at once and any sense of separation is purely illusory. Nature itself is neither ordered nor disordered. These concepts are a culturally and species determined "information processing" done by our "body/consciousness/environment" in combination...since they are not in any ultimate sense separable. Humans need to conceive an order to maintain a sense of being and not lose themselves in chaos. This even though quantum theory dictates there are no things in themselves but only probabilities.

7) The human self is the isn't that is. One does not die because "you" never were born, you had just forgotten "who you were". We are nothing but everything, each of us an individual Youniverse containing cultural and genetic information common to all. Discontent or suffering is through maintaining a sense of individual self from the totality of Universal phenomena. Without a self there is no division and no discontent. To be aware of the self as one with all things is to experience pure love and that is ultimate peace.







Luis Bunuel, un vidente que abrio mis ojos



